# Best Doctors

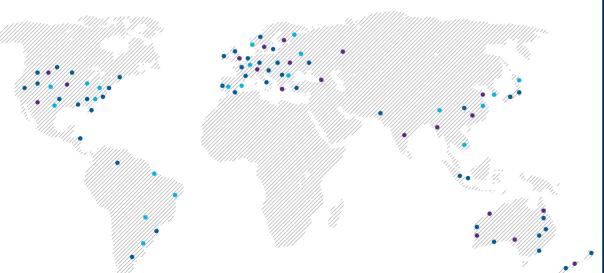
Expert medical advice, when your employees need it most



## Best Doctors gives your employees access to expert medical advice and guidance, from the comfort of their own home.

When someone is facing a health problem they need clear, definitive answers and reassurance that the advice they are getting is the best available. We remove medical uncertainty by providing your employees with easy access to leading GP's, specialists and mental health clinicians via Telehealth.

+50,000 +450 sub specialities



### A network of leading local and global experts

At the core of Best Doctors is our expert database of more than 50,000 of the world's leading specialists. We use a peer nominated methodology that enables us to build a respected and unique network of specialists who are internationally recognised as the best in their field. All have one thing in common: dedication to providing our members with expert medical advice and support, whatever their medical concern.

#### Physical condition outcomes



#### Mental health outcomes



# The benefits of Best Doctors to your employees



Quick, easy and discreet access to leading medical advice



Cover extends to employee's partner and children



Avoidance of ineffective, costly and potentially intrusive treatments



**Certainty around medical conditions** 



The best chance of returning to former quality of life



No limit or costs in using the services & completely confidential

# The benefits of Best Doctors to employers

#### Reduce employee absenteeism

- **26%** reduction in risk of absenteeism for physical conditions<sup>1</sup>
- 40% of off work employees return to full or part time work after using Mental Health Navigator.<sup>2</sup>
- average cost per employee, per year for work absence<sup>3</sup>

#### Improve employee productivity

- **54%** average improvement in work productivity following Best Doctors support. <sup>4</sup>
- healthy employees are x3 more productive than unhealthy employees<sup>5</sup>

#### Enhance your employee benefits package

- 98% said that Best Doctors was an important part of their employee benefits package<sup>2</sup>
- +86 Net Promoter Score for customer satisfaction<sup>2</sup>

<sup>&</sup>lt;sup>1</sup>Rice Warner 2015

<sup>&</sup>lt;sup>2</sup>Best Doctors Outcomes Reporting May 2020

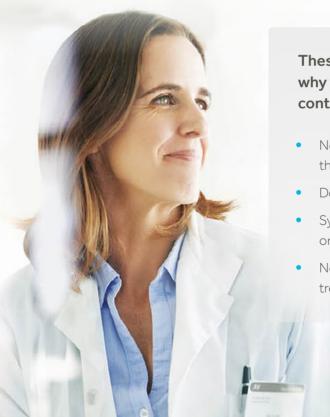
<sup>&</sup>lt;sup>3</sup>2014 Absence Management Support produced by Direct Health Solutions

<sup>&</sup>lt;sup>4</sup>Based on the World Health Organisation Health and Work Performance Questionnaire

<sup>&</sup>lt;sup>5</sup>The Health of Australia's workforce. Medibank Private 2005

### Support for your employees, whatever the condition

Best Doctors can be used for a wide range of medical conditions, from serious illnesses such as cancer and heart disease, to mental health conditions as well as less critical conditions such as back pain, severe migraines, skin conditions or diseases of the eye. The only conditions Best Doctors does not review are dental and emergency conditions.



These are some of the reasons why your employees might contact Best Doctors:

- Need help understanding their medical condition
- Doubts about treatment or surgery
- Symptoms not improving or slow recovery
- Need help deciding between treatment options

"This service is amazing.
I feel so much better having spoken to you and the psychiatrist. It has all been so easy. I would not have accessed help if I had to go out and do it myself."

- Best Doctors member

"I would never have got as healthy as I have, as quickly as I have without the intervention of Best Doctors."

- Best Doctors member



# How does it work?

From the first contact, our clinical team will guide you through the process



**Initiate** 



Member initiates by web or phone.

Our clinical team will identify how we can best assist and then provide guidance and support throughout the journey.





## **Mental Health Navigator**

An in-depth review of your mental health condition via Telehealth by a team of leading Australian experts and ongoing support from a mental health nurse.



## **Expert Medical Opinion**

An in-depth review of any physical condition by leading global experts to help you better understand your diagnosis and treatment options.



#### **GP Consult**

Discuss your general medical questions with an Australian GP via phone or email.